

# Adult Care

## Highfield Level 3 Diploma in Adult Care (RQF) (England)

This qualification has been developed to support a role in the workplace, as a lead adult care worker, lead personal assistants, care supervisors or community support workers. Learners are most likely to be working in the following settings:

- residential or nursing homes
- domiciliary care
- day centres
- healthcare

Learners will have responsibility for providing person-centred, values-driven care and support for those accessing a service. The learner will work under the direction of a manager or supervisor but will have a degree of autonomy. As well as demonstrating best practice, they will be working towards promoting and modelling it. Learners may or may not have supervisory responsibilities for others.

The content of the qualification covers core content that applies to the adult social care sector with a variety of optional units covering additional knowledge and skills applicable to learners in level 3 roles. Learners may also wish to select units in leadership and digital skills as part of this qualification. This qualification also supports delivery of the *Lead Adult Care Worker Level 3 Apprenticeship Standard* as the named on-programme qualification within the apprenticeship.

### How long will it take me to achieve this qualification?

This qualification is usually obtained by completing approximately 389 guided learning hours. Learners usually complete the course within 9 to 12 months.

### How is the qualification assessed?

This qualification is assessed by a portfolio of evidence that the apprentice builds during their time completing the qualification.

### What next?

Individuals achieving this qualification can use what they have learned to progress further with the following qualifications:

- Highfield Level 4 Certificate in Principles of Leadership and Management in Adult Care (RQF)
- Highfield Level 4 Diploma in Care (RQF)

### Where can this course be taken?

# Highfield Fact Sheet

You will be supported online via monthly zoom meetings with your tutor and will have access to an online learning portal where you will do your assignments.

## Mandatory Modules

- Promote effective communication in care settings
- Effective handling of information in care settings
- Continuing professional development in care settings
- Promoting personal wellbeing
- Promoting person-centred practice in care settings.
- Promoting choice and independence in care settings
- Promoting equality, diversity, inclusion and human rights in care settings
- Promoting general health and safety in care settings
- Promoting infection prevention and control in care settings
- Promoting specialised health and safety in care settings
- Care worker responsibilities and ways of working
- The principles of duty of care in care settings
- The principles of safeguarding and protection in care settings
- The principles of mental capacity and restrictive practice in care settings.

**Cost: £1295 plus VAT which can be paid in 12 instalments.**